

# Relax for Health ~ Booking form for Courses and Retreats

Please print out this form, complete it and return to us with your payment – thankyou.

Name \_\_\_\_\_ Tel: \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

e-mail \_\_\_\_\_

Course / retreat \_\_\_\_\_

Date \_\_\_\_\_ Cost \_\_\_\_\_

How did you find us? \_\_\_\_\_

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To reserve your place, please send a cheque for the full amount, made payable to 'Relax For Health', to Relax for Health, PO BOX 554, Epsom KT17 9TF. Please note this payment is non refundable - in the event of you being unable to attend, your payment may be transferred to another course or retreat, spaces permitting.

Would you like to be added to the Relax for Health mailing list? Yes/No

I enclose a cheque for £ \_\_\_\_\_ Signed \_\_\_\_\_ Date \_\_\_\_\_

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In order for us to support you, please use the space below to let us know if you have any special needs or are experiencing some physical, emotional or mental challenges at the present time (all information will be held in the strictest confidence)

...or call Marion 01372 230591 or visit [www.relaxforhealth.net](http://www.relaxforhealth.net)

Disclaimer: Relax for Health would like to make it clear that no services offered are intended to replace medical treatment. If you have a medical condition, always seek the advice of a medical practitioner. We ask that all participants take full responsibility for any consequences that arise from attending our courses and retreats.